



XPLOIT

UDINE COMMUNITY (ITALY)



MUNICIPALITY OF
UDINE – HEALTHY CITIES
OFFICE



Centro di Educazione Permanente
UNIVERSITÀ DELLE LIBERETÀ DEL FVG

UNIVERSITA' DELLE
LIBERETA' DEL FVG

COMMUNITY FOCUS

CORE THEMES

Health literacy and promotion of healthy lifestyles

Development of relational competence in a multicultural and ageing society

“Learning by playing”, through the use of games as means of education and social inclusion

POLICY PRINCIPLES

Responsibility, accountability

Participation, empowerment, literacy

Solidarity

Sustainability

Intersectorial action

Favorable environments

MAIN GOAL

To strengthen the network of stakeholders in the city

Create new interconnected infrastructures and facilitate their access to
community members

Increase the **citizens'** awareness of the available services

Better the quality of Lifestyles

ACHIEVEMENTS

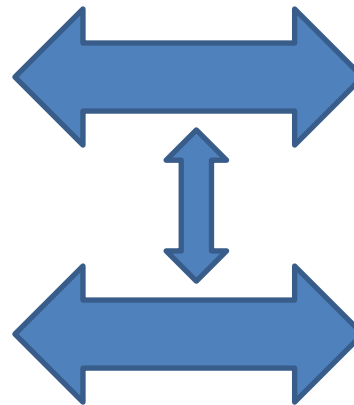
More readily available resources for the community

Less difficulties for the citizens in obtaining the information and service needed

The Xploit local network as a dynamic tool, able to adapt to historical, political and social current context

Creation of new public spaces for learning

- City Gardens
- Outdoor itineraries in Udine district
- District associations
- Supermarkets and pharmacies
- Schools
- Elderly associations
- Game Library
- Public city library
- City library for children
- City library for music



Municipality of Udine

Università delle LiberEtà del Fvg

NEW SPACES FOR LEARNING

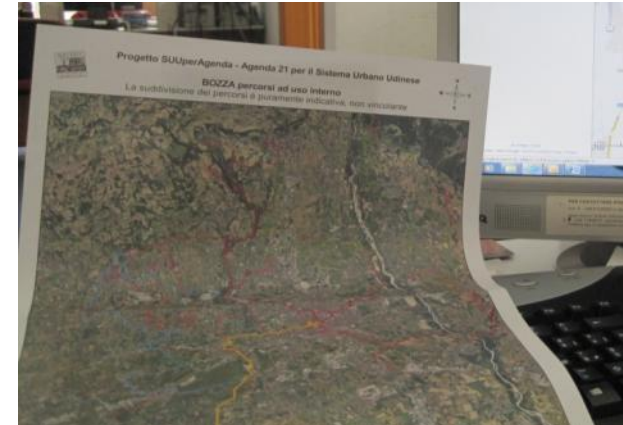
INTERACTION BETWEEN PHYSICAL SPACES AND DIGITAL SPACES

An example in Udine



Spaces for indoor digital learning: a course on GOOGLE MAPS

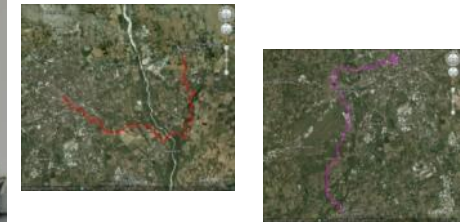
EU resource
OUTDOOR ICT and
Agenda 21
itineraries



Itineraries provided by Agenda 21
Municipality office



Spaces for outdoor digital learning:
Group of adults testing the itineraries
using their digital competences



Spaces for indoor
digital learning: adults
digitalizing the itineraries
for the community and
publishing them on digital
public spaces

Participative learning



At Università' delle
LiberEtà – open to all
citizens and city gardens'
owners

EU resource
NATURSAL and the
CITY GARDENS



In various different city
locations (associations,
districts, neighbourhoods,
etc)



In schools

ACTIVITIES

ALL THIS WILL BE A CONCRETE PART OF A STRUCTURED DESIGN OF RESOURCES IN THE CITY FOR THE COMMUNITY

EU AND LOCAL RESOURCES USED IN NEW PUBLIC SPACES

EU resource HEALTH BOX and DECIPHER: Health Pyramid –Department of Nursing Sciences (State University)

EU resource NatursAI: City Gardens projects and locations

EU resource Outdoor ICT: public itineraries available on the net AND Walking Groups

EU resource Media Playing Communities: Ludoteca (Game Library) and local kindergartens and primary schools

May 2012 Training course on EU resources and projects organized in by ULE for a group of operators of the Municipality of Udine

September 2012 Study Visit titled “Learning Cities: from theory to practice organized by ULE and the Municipality of Udine

ACTIVITIES

EU AND LOCAL RESOURCES USED IN NEW PUBLIC SPACES

NEW !

EU resource MENTA 50+ , Healthy Ageing Strategy:
CamminaMenti –Move your minds....minds on the move

EU resource FROG, following the routes of greenness and Covenant of Mayors:
City gardens and new programs in the city for local projects on environment and climatic
changes

NEW IDEAS AND INITIATIVES

- To open the In Service training courses organized by Università delle LiberEtà to the community
- The community training needs will be surveyed and training offers will meet the needs of the community
- The theme of playing will be further developed and integrated with learning opportunities linked to environmental issues and climate change . Playing strategies will be presented to teachers and instructors in schools.
- particular attention will be given to new strategies and inclusive activities for older people: the city project CamminaMenti will spread to more public meeting areas and continue to be offered free of charge to community members over 65

NEW IDEAS AND INITIATIVES

- particular attention will be given also to adults with broken career paths thanks to the involvement in a new EU project called “Directing Life Change” that will consider aspects of Life Change and choice rather than only labour market routes
- Participation in public schools creating a network of awareness of health issues such as better nutrition and the value of an active lifestyle. The EU project Health Box will be further used and adapted to the various age groups involved.
- The EU project Health Pyramid will widen its availability and be offered throughout the city using public spaces to as distribution and information centers.



EXPLOITATION

Systematic involvement of the community in many new EU resources

PROJECTS that will be continuously exploited

Health Box

Mediaplaying Communities

NaturaAI

Decipher

Outdoor ICT

Frog: Following the Routes of Greenness

DLC: Directing Life Change

CamminaMenti (Move your Minds..., minds on the Move)

Ludoteca (Game Library)

EVENTS inspired by the Xplit project

October 2011 - Contact Seminar

May 2012 – course for Municipality representatives on LLP project's planning

September 2012 – Study Visit on Learning Cities

Festa della merenda (The Snack Party) (linked to the EU project Health Pyramid

September 2013 – New Contact seminar “*Active Citizenship and Learning Communities 2014-2020 - opening the doors...*”

EXPLOITATION

LINKS AND NETWORKS

Udine in the process of becoming a Learning City
linked to the Modi'in Learning City in Israel

Udine in the process of becoming a Learning City
linked to the Heathy Cities network

Udine in the process of becoming a Learning City
linked to the Age-Friendly Cities network

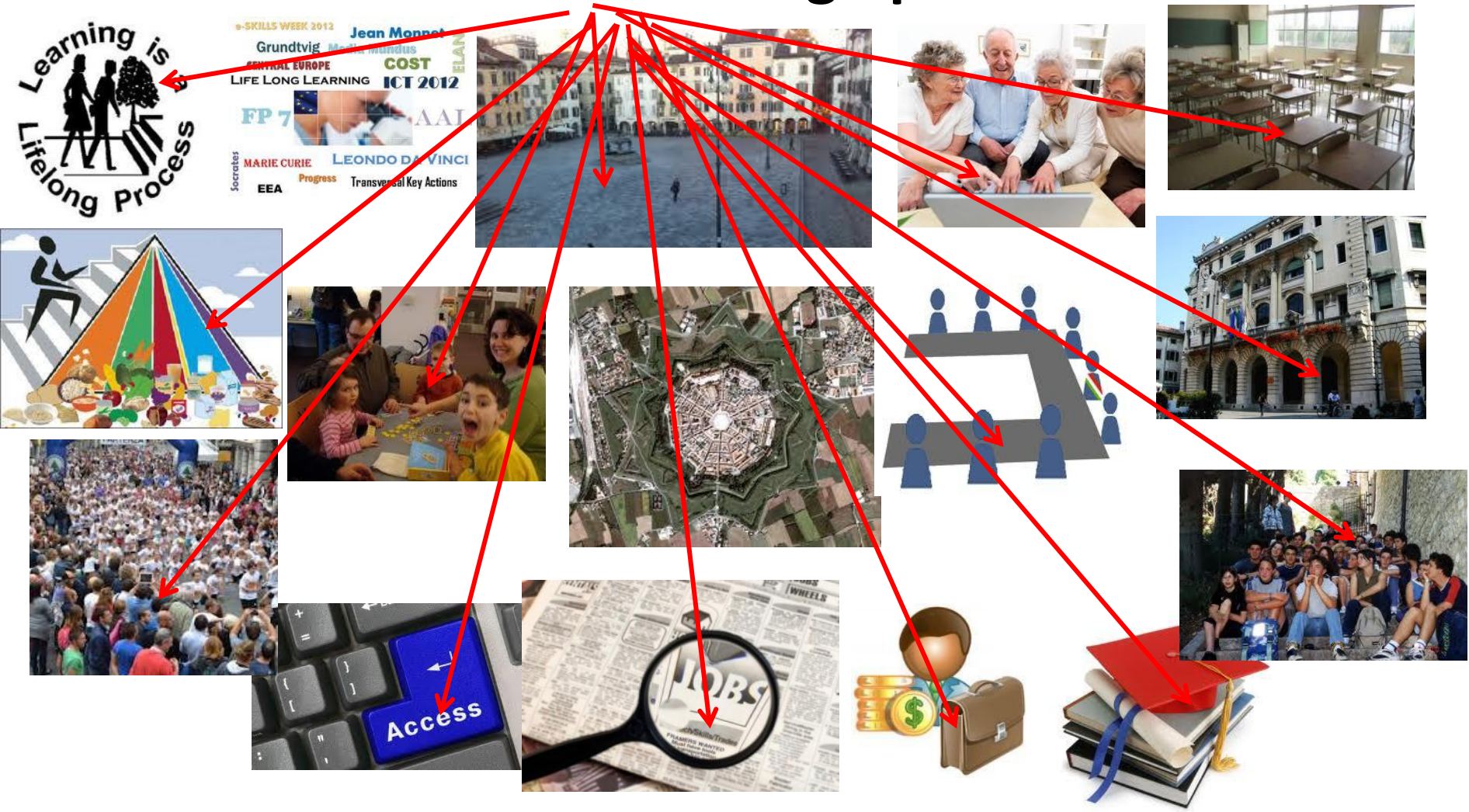
Udine in the process of becoming a Learning City
linked to Health 2020 initiatives

Udine in the process of becoming a Learning City
linked to the Covenant of Mayors

A SKETCH
UDINE BEFORE, DURING AND AFTER XPLOIT

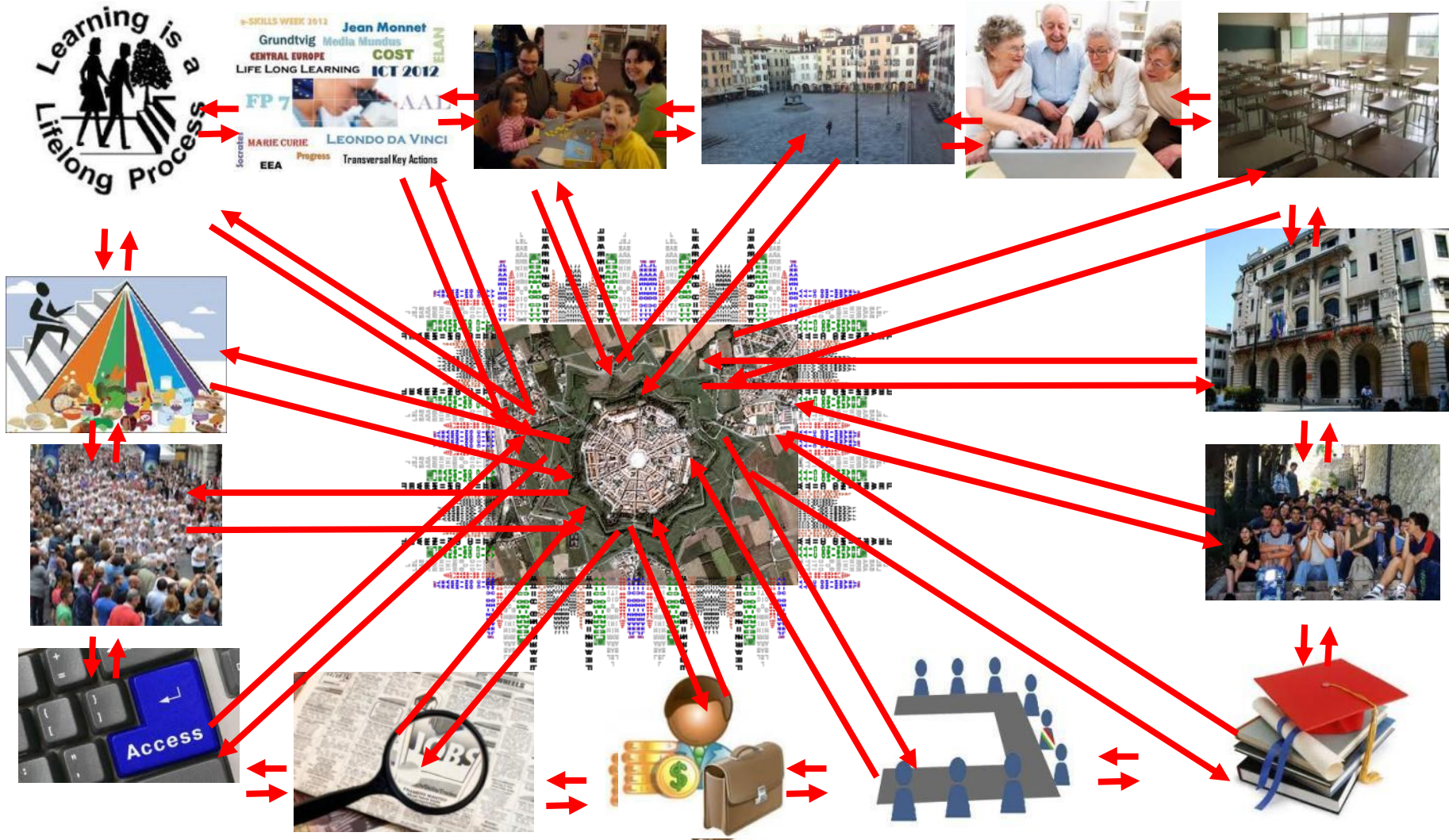


Udine During Xploit



During the initial phases of Xploit the partners and the guides found it difficult to create an organized network of information and services and make these easily available to the community. They were held back by useless red tape for every step necessary in linking community services, offers and needs between the multitude of municipal offices situated all over the city.

Udine After Xploit



At the end of Action Phase 2 the information network connecting services for the community which reflect realistic needs requested by the community is set up and has started to be appreciated by the community members and all stakeholders. Still much work has to be done and more private and public associations and organizations must be connected to the network.

THANK YOU FOR YOUR ATTENTION !

